

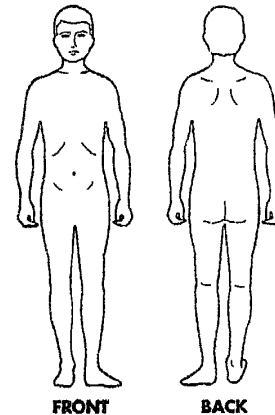
YAVAPAI REGIONAL MEDICAL CENTER

Preparing the skin before surgery WITH chg prep cloth

Name: _____ Surgery Date: _____ Surgery: _____

Preparing or “prepping” skin before surgery can reduce the risk of infection at the surgical site. To make the process easier, Yavapai Regional Medical Center is providing you this product free of charge. The product is a package of disposable cloths moistened with a rinse-free, 2% Chlorhexidine Gluconate (CHG) antiseptic solution. The steps below outline the prepping process and should be carefully followed.

Prep the circled area(s) only



PLEASE CAREFULLY FOLLOW DIRECTIONS:

ON THE EVENING BEFORE SURGERY

- 1.) The night before your surgery, shower or bathe as normal. Do not shave the surgical site or any area near the site of your surgery. In addition, do not use any hair removal products.
- 2.) Wait between one to two hours after showering, then open the CHG Prep Cloth package as directed.
- 3.) Use one cloth to completely clean the area circled on the above illustration. **AVOID TOUCHING CLOTHES AND ANTISEPTIC SOLUTION TO EYES, EARS, OR MOUTH.** Discard used cloth.
- 4.) Use second cloth to clean same area. Discard the used cloth.
- 5.) Once prep is complete, allow area to air dry for one minute. Do NOT rinse. It is normal for skin to feel tacky for several minutes after the antiseptic solution is applied.
- 6.) Once prepping is complete, do not apply any lotions, moisturizers or make-up to the area.
- 7.) Do NOT shower, bathe or shampoo again before the surgery.